

# NON DAIRY BRAVO KIT

## CULTURE STARTER AND DIETARY SUPPLEMENT KIT

4 Sachets - Culture Starter

4 Sachets - Probiotic Complex Supplement

4 Sachets - Chondroitin Sulfate Supplement

12 Individual Sachets: 4 x 0.17 oz (5 g) Each  
4 x 0.08 oz (2.5 g) Each  
4 x 0.17 oz (5 g) Each

Total Net Wt 1.68 oz (50 g)



### NON DAIRY BRAVO KIT PROBIOTIC COMPLEX SUPPLEMENT

THIS UNIT NOT LABELED FOR  
INDIVIDUAL SALE

Distributed by Silver Spring Sagl,  
c/o 144 Research Drive, Hampton, VA 23666.

Product made in Switzerland with ingredients from Italy.

Store in a cool, dry place.

Best before: see on the bag.  
Batch n.: see on the bag.

4 - 0.08 oz/2.5 g Sachets  
(Net Wt. 0.32 oz/10 g)



### NON DAIRY BRAVO KIT CULTURE STARTER

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4 - 0.17 oz/5 g Sachets  
(Net Wt. 0.68 oz/20 g)



### Probiotic Complex Supplement

#### Supplement Facts

Serving size 1/10 Sachet (0.25g)  
Servings per container 40

#### Amount Per Serving

Proprietary Blend 50 mg†  
Lactobacillus salivarius,  
Lactobacillus acidophilus,  
Lactobacillus paracasei,  
Lactobacillus rhamnosus,  
Lactococcus lactis,  
Bifidobacterium lactis,  
Bifidobacterium infantis,  
Bifidobacterium bifidum

† Daily Value not established.

Other ingredients: Maltodextrin.

### Culture Starter

#### Nutrition Facts

40 servings per container

Serving size 1/10 Sachet (0.5g)

#### Amount Per Serving

**Calories** 0  
% Daily Value\*  
Total Fat 0g 0%  
Saturated Fat 0g 0%  
Trans Fat 0g  
Sodium 0mg 0%  
Total Carbohydrate 0g 0%  
Dietary Fiber 0g 0%  
Total Sugars 0g 0%  
Includes 0g Added Sugars 0%  
Protein 0g 0%

Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

**Ingredients:** Cultured kefir grains,  
Bifidobacterium infantis, Bifidobacterium  
bifidum, Bifidobacterium lactis,  
Bifidobacterium longum.

**Directions:** Add 1 sachet Probiotic Complex, 1 sachet Culture Starter, and 1 sachet Chondroitin Sulfate to 1 liter (1 quart) of ready-to-drink fruit juice or homemade fruit juice (see recipe on [www.bravo-europe.com](http://www.bravo-europe.com)) or vegetable milk. Loosely cover and let stand at room temperature for 24 hours to allow mixture to ferment. After the 24 hours fermenting period, mix well. Refrigerate for up to 10 days. Drink no more than 100 ml (3.3 oz) per day of the liquid fermented mixture. Discard any remaining liquid at the end of 10 days. Store Non Dairy Bravo Kit in a cool, dry place. Do not consume sachets directly. Do not exceed suggested serving size. Keep out of reach of children. Not intended for use by those with serious medical conditions or pregnant or lactating women. Always consult a physician before adding supplements to your diet. This product does not contain ingredients of animal origin.

Product made in Switzerland with ingredients from Italy. Distributed by Silver Spring Sagl,  
c/o 144 Research Drive, Hampton, VA 23666. [info@bravo-europe.com](mailto:info@bravo-europe.com) - [www.bravo-europe.com](http://www.bravo-europe.com)

### Chondroitin Sulfate Supplement

#### Supplement Facts

Serving size 1/10 Sachet (0.5g)  
Servings per container 40

#### Amount Per Serving

Chondroitin Sulfate 0.5 g†

† Daily Value not established.

### NON DAIRY BRAVO KIT CHONDROITIN SULFATE SUPPLEMENT

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(Net Wt. 0.68 oz/20 g)

