

BRAVO KIT FOR MILK

CULTURE STARTER AND DIETARY SUPPLEMENT KIT

4 Sachets - Culture Starter

4 Sachets - Probiotic Complex Supplement

4 Sachets - Bovine Colostrum Supplement

12 Individual Sachets: 4 x 0.17 oz (5 g) Each

4 x 0.05 oz (1.5 g) Each

4 x 0.17 oz (5 g) Each

Total Net Wt 1.56 oz (46 g)



BRAVO KIT FOR MILK PROBIOTIC COMPLEX SUPPLEMENT

THIS UNIT NOT LABELED FOR
INDIVIDUAL SALE

Distributed by Silver Spring Sagl,
c/o 144 Research Drive, Hampton, VA 23666.

Product made in USA.

Store in a cool, dry place.

Best before: see on the bag.
Batch n.: see on the bag.

4 - 0.05 oz/1.5 g Sachets
(Net Wt. 0.20 oz/6 g)



BRAVO KIT FOR MILK CULTURE STARTER

THIS UNIT NOT LABELED FOR
INDIVIDUAL SALE

Distributed by Silver Spring Sagl,
c/o 144 Research Drive, Hampton, VA 23666.

Product made in Switzerland with ingredients from Italy.

Store in a cool, dry place.

Best before: see on the bag.
Batch n.: see on the bag.

4 - 0.17 oz/5 g Sachets
(Net Wt. 0.68 oz/20 g)



Probiotic Complex Supplement

Supplement Facts

Serving size 1/10 Sachet (0.15g)
Servings per container 40

Amount Per Serving	
Proprietary Blend	50 mg †
Lactobacillus salivarius, Lactobacillus acidophilus, Lactobacillus paracasei, Lactobacillus rhamnosus, Lactococcus lactis, Bifidobacterium lactis, Bifidobacterium infantis, Bifidobacterium bifidum	

† Daily Value not established.

Other ingredients: Maltodextrin.

Culture Starter

Nutrition Facts

40 servings per container
Serving size 1/10 Sachet (0.5g)

Amount Per Serving	
Calories	0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Includes 0g Added Sugars	0%
Protein 0g	0%

Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: Cultured kefir grains,
Bifidobacterium infantis, Bifidobacterium
bifidum, Bifidobacterium lactis,
Bifidobacterium longum, Lactobacillus
bulgaricus, Streptococcus thermophilus.

Contains Milk.

Directions: Boil 1 liter (1 quart) of milk, leave it at room temperature until warm, transfer it in a large glass bowl. Add 1 sachet Probiotic Complex, 1 sachet Culture Starter, and 1 sachet Bovine Colostrum to the milk. Mix well, cover and let stand at room temperature for 24 hours to allow mixture to ferment. After the 24 hours fermenting period, mix well then split the mixture into small glass jars (4 oz capacity) and refrigerate. Drink no more than 100 - 120 ml (4 oz) per day of the fermented product. Discard any remaining liquid after 10 days. Store Bravo Kit in a cool, dry place. Do not consume sachets directly. Do not exceed suggested serving size. Keep out of reach of children. Not intended for use by those with serious medical conditions or pregnant or lactating women. Always consult a physician before adding supplements to your diet.

Product made in Switzerland with ingredients from Italy and USA. Distributed by Silver Spring Sagl, c/o 144 Research Drive, Hampton, VA 23666. info@bravo-europe.com - www.bravo-europe.com

Bovine Colostrum Supplement

Supplement Facts

Serving size 1/10 Sachet (0.5g)
Servings per container 40

Amount Per Serving	
Bovine Colostrum	0.5 g †

† Daily Value not established.

Other ingredients: Medium Chain
Triglycerides (MCT), Sunflower
Lecithin.