

BRAVO KIT FOR MILK

CULTURE STARTER AND DIETARY SUPPLEMENT KIT

13 Sachets - Culture Starter

13 Sachets - Probiotic Complex Supplement

13 Sachets - Bovine Colostrum Supplement

39 Individual Sachets: 13 x 0.17 oz (5 g) Each
13 x 0.05 oz (1.5 g) Each
13 x 0.17 oz (5 g) Each

Total Net Wt 5.07 oz (149.5 g)



Probiotic Complex Supplement

Supplement Facts

Serving size 1/10 Sachet (0.15g)
Servings per container 130

Amount Per Serving

Proprietary Blend 50 mg †
Lactobacillus salivarius,
Lactobacillus acidophilus,
Lactobacillus paracasei,
Lactobacillus rhamnosus,
Lactococcus lactis,
Bifidobacterium lactis,
Bifidobacterium infantis,
Bifidobacterium bifidum

† Daily Value not established.

Other ingredients: Maltodextrin.

Culture Starter

Nutrition Facts

130 servings per container
Serving size 1/10 Sachet (0.5g)

Amount Per Serving

Calories 0
% Daily Value*
Total Fat 0g 0%
Saturated Fat 0g 0%
Trans Fat 0g 0%
Sodium 0mg 0%
Total Carbohydrate 0g 0%
Dietary Fiber 0g 0%
Total Sugars 0g 0%
Includes 0g Added Sugars 0%
Protein 0g 0%

Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: Cultured kefir grains, Bifidobacterium infantis, Bifidobacterium bifidum, Bifidobacterium lactis, Bifidobacterium longum, Lactobacillus bulgaricus, Streptococcus thermophilus.

Contains Milk.

Directions: Boil 1 liter (1 quart) of milk, leave it at room temperature until warm, transfer it in a large glass bowl. Add 1 sachet Probiotic Complex, 1 sachet Culture Starter, and 1 sachet Bovine Colostrum to the milk. Mix well, cover and let stand at room temperature for 24 hours to allow mixture to ferment. After the 24 hours fermenting period, mix well then split the mixture into small glass jars (4 oz capacity) and refrigerate. Drink no more than 100 - 120 ml (4 oz) per day of the fermented product. Discard any remaining liquid after 10 days. Store Bravo Kit in a cool, dry place. Do not consume sachets directly. Do not exceed suggested serving size. Keep out of reach of children. Not intended for use by those with serious medical conditions or pregnant or lactating women. Always consult a physician before adding supplements to your diet. Product made in Switzerland with ingredients from Italy and USA. Distributed by Silver Spring Sagl, c/o 144 Research Drive, Hampton, VA 23666. info@bravo-europe.com - www.bravo-europe.com

Bovine Colostrum Supplement

Supplement Facts

Serving size 1/10 Sachet (0.5g)
Servings per container 130

Amount Per Serving

Bovine Colostrum 0.5 g †

† Daily Value not established.

Other ingredients: Medium Chain Triglycerides (MCT), Sunflower Lecithin.

BRAVO KIT FOR MILK PROBIOTIC COMPLEX SUPPLEMENT

**THIS UNIT NOT LABELED FOR
INDIVIDUAL SALE**

Distributed by Silver Spring Sagl,
c/o 144 Research Drive, Hampton, VA 23666.

Product made in USA.

Store in a cool, dry place.

Best before: see on the bag.
Batch n.: see on the bag.

13 - 0.05 oz/1.5 g Sachets
(Net Wt. 0.65 oz/19.5 g)



BRAVO KIT FOR MILK CULTURE STARTER

**THIS UNIT NOT LABELED FOR
INDIVIDUAL SALE**

Distributed by Silver Spring Sagl,
c/o 144 Research Drive, Hampton, VA 23666.

Product made in Switzerland with ingredients from Italy.

Store in a cool, dry place.

Best before: see on the bag.
Batch n.: see on the bag.

13 - 0.17 oz/5 g Sachets
(Net Wt. 2.21 oz/65 g)



BRAVO KIT FOR MILK BOVINE COLOSTRUM SUPPLEMENT

**THIS UNIT NOT LABELED FOR
INDIVIDUAL SALE**

Distributed by Silver Spring Sagl,
c/o 144 Research Drive, Hampton, VA 23666.

Product made in USA.

Store in a cool, dry place.

Best before: see on the bag.
Batch n.: see on the bag.

13 - 0.17 oz/5 g Sachets
(Net Wt. 2.21 oz/65 g)

